

CONNECTING HEARTS



EMPOWERING MINDS



42 POEMS: IT'S ALL ABOUT CONTEXT

This work is a commitment to life and to the privilege of existing. The book collects emotions and feelings, experiences and desires, interpreted in a lyrical key, with phrases that touch hidden chords in those who immerse themselves in these poems.



ONE FRAME AT A TIME WITH AWARENESS

We often look for the grand picture, forgetting the power held in the details. With "One Frame at a Time with Awareness," Maura Abad offers a poetic lens to honor your journey, your growth, and the quiet courage of your soul.



MEMENTO VIVERE: MAURA'S FIRST SHORTFILM

Memento Vivere, the 10-minute short film based on Maura's work, reflects the range of emotions the author experienced following the death of her father, which fueled her to start writing.

01

LEADERSHIP EXPERIENCE

With solid leadership experience in the reliability and asset management industry, Maura has a Master's degree in Neuro-Linguistic Programming (NLP) and Prosci Certifications in Change Management and many others which enables her to communicate, influence, and inspire people from different cultures, backgrounds, and perspectives.

02

DISCOVER, LEARN, AND EXPLORE

Maura collaborates with a team of experts to create a safe space for professional women to explore inquiries around personal, professional, financial, and organizational performance related to sustainability, reliability, and asset management. Her personal aim is to discover, learn, and explore her impact on this world.

03

INFLUENCING AND INSPIRING

Maura Abad is passionate about communication, leadership, and excellence, with a successful and multifaceted professional career. She connects the dots to elevate women's contributions in the world of industrial maintenance, drawing on a wealth of knowledge and experience that benefits thousands of professionals around the world.